



On the Road with Nevada MAP

Fall 2023

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HELLO FALL!

Welcome to the fall edition of *On the Road with Nevada MAP*. Nevada's Medicare Assistance Program (MAP) is one helpful resource for Medicare related services! MAP combines the services of the State Health Insurance Assistance Program (SHIP), Senior Medicare Patrol (SMP), and Medicare Improvements for Patients and Providers Act (MIPPA).



MAP provides free and unbiased Medicare-related information and assistance to Medicare beneficiaries, pre-enrollees, their family, and caregivers. Medicare can be very complicated. MAP services can help with finding the best Medicare plan for you, including Medicare Part D Plans and Medicare Advantage Plans. MAP also provides information to help you learn to PREVENT, DETECT, and REPORT Medicare fraud. Our MAP team is also here to assist with applications that can help pay for Medicare costs.

Give us a call today!
1-800-307-4444



This newsletter is for public use. It can be shared as desired with friends, family members, partners, community agencies, etc.

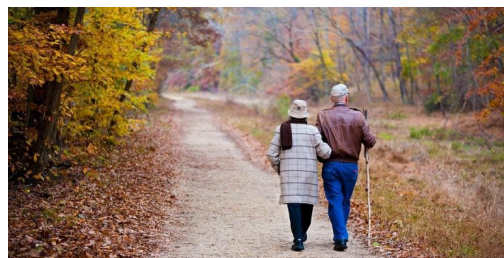
Summer is fading away & fall is here. Don't fall into complacency with your health!

October—Medicare's Preventive & Screening services offer many types of cancer screenings.

November— American Diabetes Month. Medicare Preventive & Screening services offers diabetes screening.

December—Flu season is here! Don't forget to get your flu and pneumonia vaccines through Medicare's Preventive & Screening services. Many vaccines are now free!

[preventive services \(medicare.gov\)](https://www.medicare.gov/preventive-services)

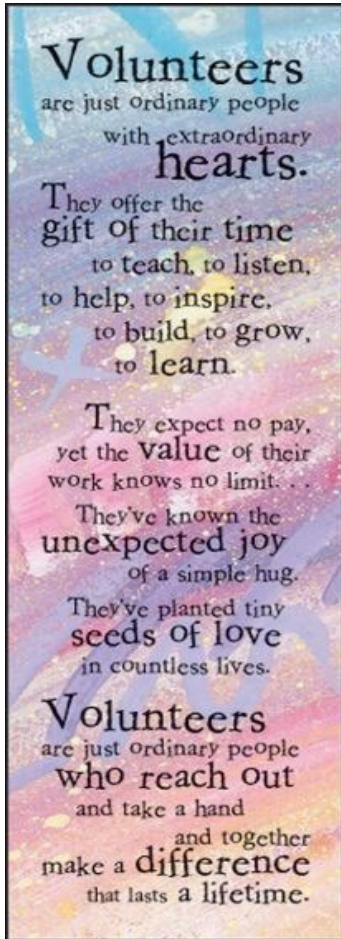


WHAT'S NEW WITH MEDICARE

It's Open Enrollment for 2024!

Upcoming Changes

- No cost sharing (out of pocket costs) in the Catastrophic Coverage phase!
- Nevada Senior and Disability Rx subsidy assistance will be ending 12/31/23.
- All Extra Help will be full Extra Help—Income limit up to 150% FPL.
- 3-Day hospital stay reinstated for Skilled Nursing Facilities.
- COVID treatments are available; however, at home test kits are no longer covered.
- Two benchmark PDPs—Clear Spring Value Rx and WellCare Classic.
- Donut Hole—\$5,030—\$8,000.
- Part D deductible is up to \$545.00. Insulin and some tiers are exempt from the deductible.
- If you get Part B during the General Enrollment Period (GEP), you can get a Special Enrollment Period (SEP) for Medicare drug coverage.
- 45 is now the minimum age for many colorectal cancer screenings (was 50).
 - If polyp or tissue is removed, coinsurance is now 15% through 2026, 10% for 2027-2029, and 0% in 2030.



Our volunteers are the

♥ of our team!
Join us today!

1-800-307-4444

FRAUD IN THE NEWS

Marketing & Communications Oversight Improvements for Plan Year 2024

- Opt-out-Notice: Medicare Advantage plans must provide notice to enrollees at least once per year, in writing, to inform enrollees of their right to opt out of calls.
- Ensure that, before someone enrolls in a Medicare Advantage plan, CMS' required questions and topics are discussed.
- MA Plans must list medical benefits in a specific order and at the top of a plan's Summary of Benefits.
- Unsolicited door-to-door contact is prohibited.
- There must be at least 12 hours between a Marketing event and an Educational event in the same location.
- Ads will be prohibited if they don't mention the MA organization, Part D sponsor, or marketing name(s) registered with the Centers for Medicare and Medicaid Services (CMS).
- Third Party Marketing Organizations (TPMO), such as ads on TV, must use disclaimers that add:
 - SHIP as an option for beneficiaries to get additional help
 - The number of organizations/plans represented
- MA organizations can't use the Medicare name, CMS logo, and products/information issued by the Federal Government, including the Medicare card, in a misleading way.

Please remember to report any suspicious phone calls, ads, or items on your MSN or EOB to MAP!



Upcoming Events

SOUTHERN NEVADA

- Medicare 101 Presentations
- 10/5 Las Vegas Deaf Seniors 1 - 3 pm @ Paradise Recreation Center 4775 S. McLeod Las Vegas, NV 89121
- 10/11 LVCCLD Summerlin 11 - 1pm @ 1771 Inner Circle Dr. Las Vegas, NV 89134
- 10/17 NLVLD- Aliante 10:30 - 12:30 @ 2400 Deer Springs Way, NLV NV 89084
- 10/18 Henderson Library, Gibson 2 - 3pm 100 W. Lake Mead Parkway Henderson, NV 89015
- 10/24 LVCCLD Flamingo 2 - 4pm @ 1401 East Flamingo Rd., Las Vegas, NV 89119
- 11/7 Olli Lunch and Learn 30 min MAP Presentation 1 - 1:30 851 E. Tropicana Ave Bldg 101 Las Vegas, NV 89119
- 11/8 LVCCLD Summerlin 11 - 1pm @ 1771 Inner Circle Dr. Las Vegas, NV 89134
- 11/15 Henderson Library, Gibson 2 - 3pm @ 100 W. Lake Mead Parkway Henderson, NV 89015
- 11/28 LVCCLD Flamingo 2 - 4 pm @ 1401 East Flamingo Rd., Las Vegas, NV 89119

NORTHERN NEVADA

- 10/03 - Medicare 101 Presentation - Carson City 10am 911 Beverly Dr., Carson City, NV
- 10/10 - MAP Bi-Monthly Partner & Volunteer Meeting - 10am 4001 S. Virginia St, Suite F, Reno NV
- 10/11 - Medicare 101 Presentation - Carlin - 1pm 320 Chestnut St, Carlin, NV
- 10/18 - RSIC Senior Fun Day - 9am - 1pm
- 10/23 - Teglia Public Health Fair - 11 am - 1pm 2745 Elementary Dr, Reno NV
- 10/30 - Medicare 101 Presentation - Battle Mountain 1pm 365 E 4th St, Battle Mountain, NV
- 11/3 - Medicare 101 Presentation - Ely 1pm 1000 Campton St, Ely NV

Follow us on Facebook at Access to Healthcare Network for a list of events!

MAP Your Way Through Medicare—UNLV OLLI
 Wednesdays 09/13-11/15 9-10:45am
 851 East Tropicana Ave., Bldg. 101, Las Vegas 89119

Nye County
 10/7 – Remote Area Medical Event, Pahrump, 6:00am-5:00pm
 10/8 – Remote Area Medical Event, Pahrump, 6:00am-2:00pm
 10/20—Beatty Community Center 10:00- 2:00
 10/21—Social Service Fair at the Fire Station, Caliente, 8:00am-12:00pm
 Watch for more events coming soon at the Pahrump Senior Center!



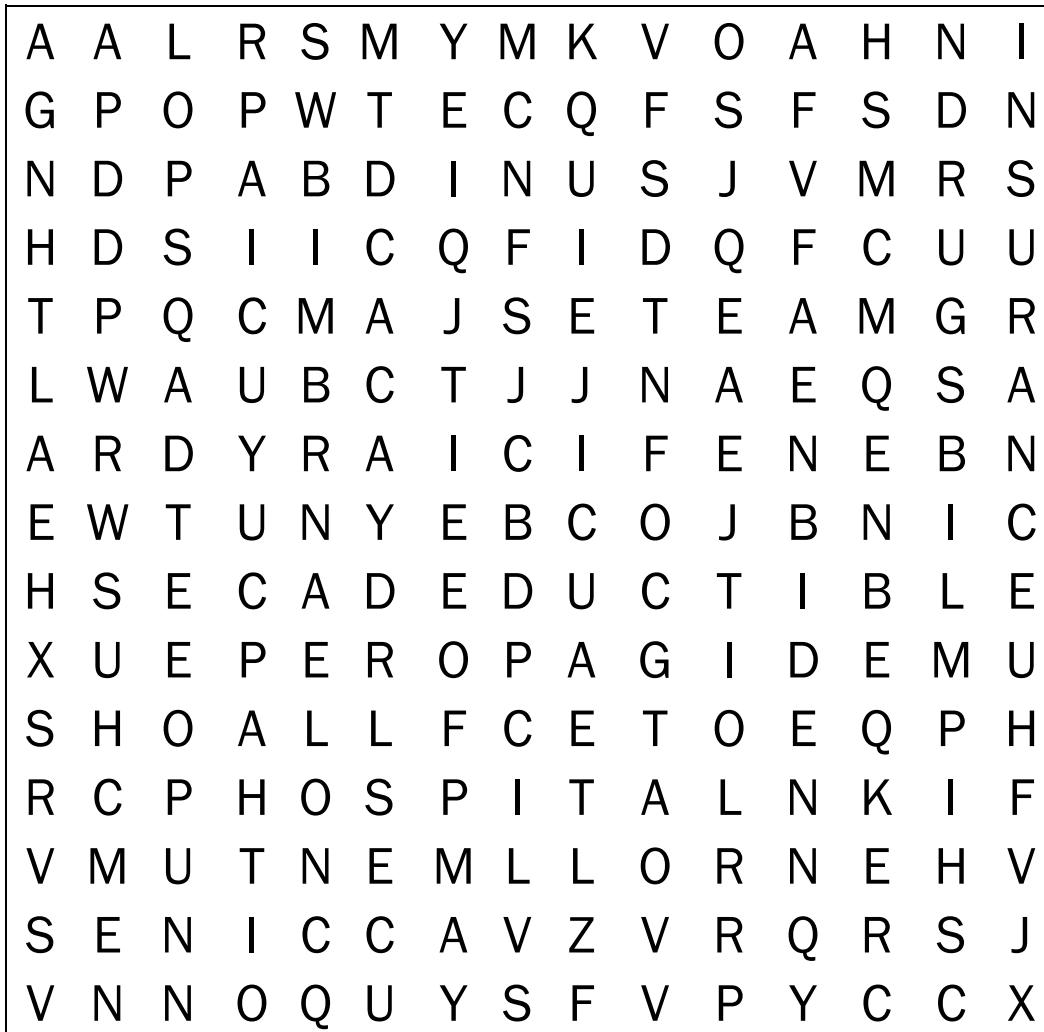
**'Nothing can dim
 the light
 that shines
 from within.'**
-Maya Angelou

We are so grateful for the light within all of MAP's team members!





MAP Word Search



Find the 20 words below. Words can go in any direction.

Words can share letters as they cross over each other.

Assistance
Beneficiary
Benefits
CMS
Copay

Deductible
Doctor
Drugs
Enrollment
Fraud

Health
Hospital
Insurance
Medicare
Medigap

MIPPA
SHIP
SMP
Team
Vaccine

ADSD / MAP

Phone: 800-307-4444

Fax: 702-486-3236

Email:

NevadaMap@adsd.nv.gov



[Nevada Care Connection | Adult & Caregiver Support Services](http://NevadaCareConnection.org)

Nevadacareconnection.org



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HEALTH TIPS

Hooray for Autumn! We're looking forward to the cooler weather and the chance to spend more time outside. Here are some tips to keep you healthy moving into the new season.

- Sleep—Aim to get 7 hours a night a least. Open Enrollment can be tiring!
- Sunscreen—Although it's cooler, you can still get a sunburn; especially in higher elevations.
- Eat healthy—Cooler season vegetables are more easily found. Look for beans, peas, lettuce, and yummy squash!
- Keep moving—Adults need at least 150 minutes of moderate-intensity aerobic activity every week, plus muscle-strengthening. Grab your friends and take a walk.
- Unwind & connect with others—Speaking of friends, reach out & connect. For stress relief, stretch, meditate, take deep breaths, enjoy your surroundings. Do something fun!
- Water—As always, don't forget to stay hydrated in our dry environment.

For more on preventing disease & maintaining a healthy lifestyle, visit: cdc.gov/chronicdisease [Strategies for a Healthy Fall \[PDF - 2 MB\]](#)



- Resources**
- [Aging & Disability Services \(nv.gov\) Adsd.nv.gov](http://Adsd.nv.gov)—State of Nevada, Aging and Disability Services
 - [Home - Centers for Medicare & Medicaid Services | CMS CMS.gov](http://CMS.gov)—Resources & manuals for Medicare & Medicaid
 - [Nevada Division of Insurance \(nv.gov\) Doi.nv.gov](http://Doi.nv.gov)—State of Nevada, Division of Insurance, Medigap information
 - [Medicare.gov: the official U.S. government site for Medicare | Medicare](http://Medicare.gov) Medicare.gov—Information for people with Medicare, Medicare Plan Finder
 - [NeedyMeds NeedyMeds.org](http://NeedyMeds.org)—Resources for prescription and medical costs
 - [Home | State Health Insurance Assistance Programs \(shiptacenter.org\)](http://Shiptacenter.org) Shiptacenter.org—Training & resources for SHIP
 - [Senior Medicare Patrol | SMP | Medicare Fraud Protection \(smpresource.org\)](http://Smpresource.org) Smpresourcecenter.org - Training & resources for SMP
 - [ACL - Sign On Smpship.acl.org](http://Smpship.acl.org)—Access to the STARS & SIRS websites
 - [The United States Social Security Administration \(ssa.gov\) SSA.gov](http://SSA.gov)—Social Security website